

Star Mittens/Gloves

Cascade 220 yarn or other worsted weight yarn
1 skein white; 1 skein in contrasting color (CC)
size 6 double pointed needles (set of 5)
Stitch markers (2)
Stitch holder (1)
Tapestry needle

K=knit number of stitches indicated
P=purl number of stitches indicated
M1=make 1 stitch
PM=place stitch marker



SM=slip stitch marker
K2tog=knit 2 stitches together (left leaning decrease)
SSK=slip stitch as if to knit, slip next stitch as if to knit, slide stitches back to left hand needle and knit through the back loop of both stitches (right leaning decrease)

With white and using the long-tail cast-on, cast on 40 stitches dividing them over the 4 needles (12/8/12/8).

Work K2, P2 ribbing for 3 inches.

Right Mitten:

Redistribute the stitches so there are 10 stitches on each needle. Knit 4 rounds.

Follow the chart below, working each row of the chart from right to left. When you reach row 8, start the thumb increases as follows:

Knit 2 stitches, place stitch marker (pm), make 1 stitch (m1), K2, m1, pm, follow the chart to the end of the round.

*Next round: K2, slip marker (sm), K4, sm, follow the chart to the end of the round.

Next round: K2, sm, m1, knit to marker, m1, sm, knit to end.*

Repeat from * to * until there are 12 stitches between the stitch markers.

Next round: K2, sm, knit to stitch marker, remove next stitch marker and move previous 12 stitches to a stitch holder. Remove the first stitch marker. Continue with chart to end of round.

Next round: K2, cast on 2 stitches, continue with chart to end of round.

Continue working to the end of the chart. You can make the mitten longer by knitting more plain rows or by knitting more rows with CC before starting the decreases.

Decrease rounds should be worked as follows:

K1, K2tog, knit across the rest of needle 1. On needle 2, knit to last 3 stitches, SSK, K1. On needle 3, K1, K2tog, knit each knit stitch and purl each purl stitch to end of

needle. On needle 4, work the first 4 stitches in the cable pattern (twisting every 4th round), P2, knit to last 3 stitches, SSK, K1.

Continue working 1 decrease round and 1 even round until you have 5 stitches on each needle. Cut yarn leaving a tail of about 14 inches. Transfer all the stitches from needle 2 to needle 1 and the stitches from needle 4 to needle 3 so there are 10 stitches on each needle. With tapestry needle, bind off using the Kitchener stitch.

Left Mitten:

Redistribute the stitches so there are 10 stitches on each needle. Knit 4 rounds.

Follow the chart below, working each row of the chart from left to right. When you reach row 8, start the thumb increases as follows:

Knit following the chart to last 4 stitches, place stitch marker (pm), make 1 stitch (m1), K2, m1, pm, K2.

*Next round: Knit chart to last 4 stitches, slip marker (sm), K4, sm, K2.

Next round: Knit chart to last 4 stitches, sm, m1, knit to marker, m1, sm, K2.*

Repeat from * to * until there are 12 stitches between the stitch markers.

Next round: Knit chart to last 4 stitches, sm, knit to stitch marker, remove next stitch marker and move previous 12 stitches to a stitch holder. Remove the first stitch marker, K2.

Next round: Knit to last 4 stitches, cast on 2 stitches, K2.

Continue working to the end of the chart. You can make the mitten longer by knitting more plain rows or by knitting more rows with CC before starting the decreases.

Decrease rounds should be worked as follows:

K1, K2tog, knit across the rest of needle 1. On needle 2, knit to last 3 stitches, SSK, K1. On needle 3, K1, K2tog, knit each knit stitch and purl each purl stitch to end of needle. On needle 4, work the first 4 stitches in the cable pattern (twisting every 4th round), P2, knit to last 3 stitches, SSK, K1.

Continue working 1 decrease round and 1 even round until you have 5 stitches on each needle. Cut yarn leaving a tail of about 14 inches. Transfer all the stitches from needle 2 to needle 1 and the stitches from needle 4 to needle 3 so there are 10 stitches on each needle. With tapestry needle, bind off using the Kitchener stitch.

Thumb:

With white yarn, pick up the 12 stitches from the stitch holder and divide onto 3 needles. Pick up 2 additional stitches from where the 2 stitches were cast on at the body on needle 4. You will have 6 stitches on needle 3. (14 stitches)

Knit even for 1.5 inches.

Decrease row 1: K2, K2tog, K2, K2tog, K2, K2tog, K2.

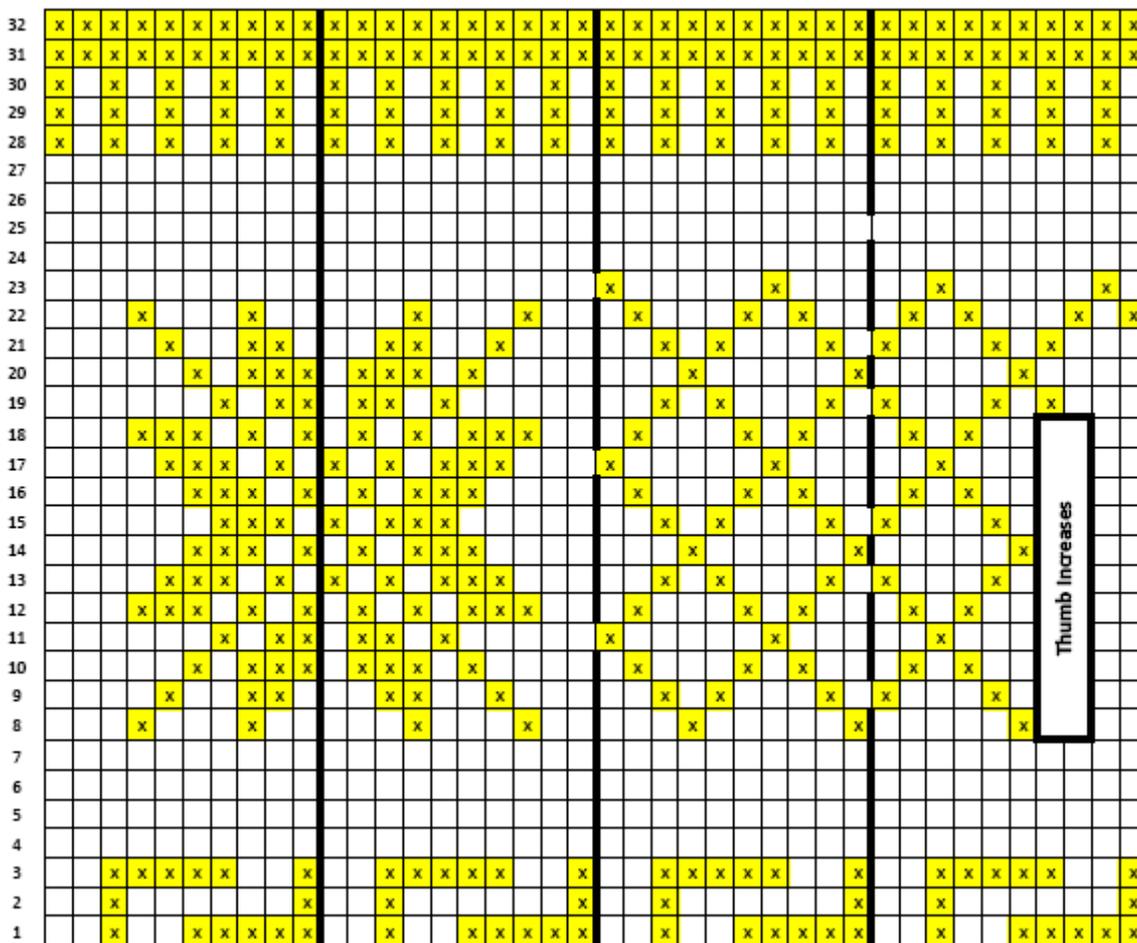
Decrease row 2: Knit even.

Decrease row 3: K1, K2tog, K1, K2tog, K1, K2tog, K1.
 Decrease row 4: Knit even.
 Decrease row 5: K2tog to last stitch, K1.

Cut the yarn leaving a tail of about 12 inches. With tapestry needle, thread the yarn through all stitches and pull tight. Pull the thread through to the inside. Work yarn in and cut off the extra.

Work in all ends, closing any holes in thumb area by weaving in with the yarn.

For right mitten, work this chart from right to left.
 For left mitten, work this chart from left to right.



Gloves

Use either the white or contrast color. For gloves, stop the chart after round 27 and do the following:

Right hand:

Pinkie: Knit the stitches of needle 1 and 5 stitches from needle 2. Put these 15 stitches on a stitch holder. Knit the next 5 stitches on one needle (needle 1) then knit 5 stitches from needle 3 onto another needle (needle 2). Place the remaining 15 stitches on a stitch holder.

On needle three, cast on 2 stitches on the inside of the finger. Move the last stitch from needle 2 to needle 3. Using needle 3, knit the first stitch from needle 1. You will have 4 stitches on each needle. Knit even until the finger reaches 2.25 inches.

Decrease round 1: K2tog, repeat to end. (6 stitches)

Decrease round 2: Knit around.

Cut yarn, leaving a 10 inch tail. With the tapestry needle, thread the yarn through the six stitches and pull tight. Run the yarn to the inside of the finger and work in the yarn end.

Ring Finger:

Place the remaining stitches on 3 needles. Join the yarn at the outside of the ring finger and knit 4 stitches onto one needle. Knit the next 22 stitches and put them onto 2 stitch holders. Knit the last 4 stitches. Pick up 2 stitches from the inside of the pinkie finger, knit the next 5 stitches, cast on 2 stitches and join the round. Redistribute the stitches over the needles and knit even until the finger measures 2.5 inches. Work the decrease rounds and finish as for pinkie.

Middle Finger:

Take 5 stitches from the palm stitch holder and 5 stitches from outside stitch holder. Join the yarn to the outside of the ring finger and knit 1st 5 stitches, cast on 2 stitches, knit next 5 stitches, pick up 2 stitches from inside of ring finger. Redistribute stitches on needles and knit even until finger reaches 3 inches. Work the decrease rounds and finish as for pinkie.

First Finger:

Pick up remaining 12 stitches from the stitch holders and pick up 2 stitches from the inside of the middle finger. Redistribute the stitches and knit even until finger reaches 2.5 inches. Work the decrease rounds and finish as for pinkie.

© Copyright 2009 Dianna Smith

This pattern is for your personal use only. It may not be reproduced for sale, to conduct classes or for sale of finished item without express written permission. Pattern may be linked but must contain all copyright and permission information.

www.knitnmore.blogspot.com

This pattern is being offered for free but if you enjoy using it, I ask that you consider making a donation to Heifer International. www.heifer.org

Heifer Project International, 1 World Avenue, Little Rock, AR/USA 72202 Tel.: (800) 422-0474